Theoretical Domains Framework	COM-B component	СОМ-В
Physical skills	Physical capability	
Knowledge Cognitive and interpersonal skills Memory, attention and decision processes Behavioral regulation	Psychological capability	Capability
Professional/social role and identity Beliefs about capabilities Optimism Beliefs about consequences Intentions Goals	Reflective motivation	Motivation B
Reinforcement Emotion	Automatic motivation	
Environmental context and resources	Physical opportunity	
Social influences	Social opportunity	Opportunity

Supplement 1. The Theoretical Domains Framework Mapped to the Sub-component of the Capability, Opportunity, Motivation-Behavior (COM-B) Model